



Chapter 8.

Being Spiritual - Spiritual Being

On the rear wall of our tiny wooden church, there were fake laurel leaves 50 cms high spelling out just three words. They proclaimed ‘God Is Love.’ Now here is the conundrum. My childish thoughts ran, ‘Is God Love?’ Or, equally, ‘Love is God!’ Perhaps even ‘God Love Is’.

I chewed it over for a decade or so sitting watching those leaves get more and more faded and dusty until the time came when I was old enough to say, ‘enough.’

My conclusion ... ‘God Love Is’.

If God love exists then we should be able to experience it.

She doesn’t expect you to just believe. After all belief is no more than something you feel to be true. Faith is something that someone else asks you to believe because they do.

Both are like trees without roots – a lot of leafy dressing but no support.

Your mind can’t help forever dancing with the awkward feeling that there is something missing.

At worst you chastise yourself for being an unbeliever, at best you put on a smiling face and wish to heaven you didn’t need to fake it.

The reason I am writing this book is that I am sure we can all find a way to discover our own healing ability. If it can happen to me it can happen to you. You can heal your family, your friends and with a little training, discover your life’s purpose through service to others. I just want to share with you how to get there.

The first thing to avoid is trying too hard to be ‘spiritual.’ It might be just wasting an entire life because you are on a round trip anyway. Every one of us, at birth, is automatically issued with a pre-stamped Return Ticket Home (no visa required). There are no concessions. Spiritual is what you were before you arrived and spiritual is what you will return to.

Meanwhile. Get on with it.

I heard a delightful story when I was in Boston. It was about a family with two children. The oldest, Jennifer, was 4 years old, her sister 3 months. One evening the parents were sitting quietly reading. Through the baby minding system they could hear Jennifer go into the baby’s room. Leaning closely, she whispered to her sister, ‘can you tell me what God is like. I am starting to forget.’

That's the plan.

Here is an announcement! You have won the greatest lottery of all time. The Big One. If your mum or dad hadn't sneezed at the appropriate moment, it would be your brother or sister reading this book.

Here is what you have won:

A chance to have a go at living in the physical world.

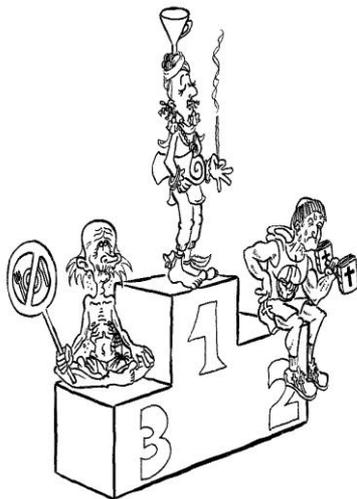
Here are the game rules.

- 1): You are not to know why you won the number one ticket.
- 2): You will never be sure if you are playing correctly.
- 3): Everyone around you has no idea who you really are, or why you keep bumping up against their portion of the prize.
- 4): As soon as you think you know what's going on, the ground shifts and you are transported back to square one.
- 5): People who are exactly as lost as you, will console themselves by trying hard to make you lose the game.

And if that's not enough, you have been dumped into the middle of a human culture which shows no consideration for the place where you are living, for the other beings who are sharing the ride, or Nature herself.

It doesn't look like you've won much of a prize!

But here you definitely are. If you don't know why you are alive. There is a simple answer.



Write this down ...

We are here to learn how to be of service to others.

That is not too difficult a task.

Not only that, your return to joy depends on it.

Have you ever met someone who always seems to be depressed? Maybe a friend or a partner? A person you know quite well.

Their depression is caused by having no focus in their lives.

Isn't that true?

In almost all cases it is the lack of purpose which causes their depression. The missing link to their wholeness.

There are only two things we can be sure of in life.

One is: I am here and alive.

The second is that every sentient being (you are one of those) will one day die.

All else is speculation and delusion.

Wow! Doesn't that make you feel insecure!?